

Heights and Hills, Inc.

One of the largest providers of supportive services for community-dwelling older adults in Brooklyn and their families

Their Story

Heights and Hills makes sure Brooklyn's older adults are not forgotten and have the resources they need to age successfully in the communities they call home. They help keep more than **4,000** older Brooklynites safe, secure, healthy and connected to community in 19 diverse neighborhoods – from Brooklyn Heights, to Fort Greene, to Park Slope, Red Hook, Sunset Park, Crown Heights, and East Flatbush. Heights and Hills was born out of a strong sense of community responsibility, when clergy and community activists came together in 1971 to support their aging neighbors, and they continue to be pioneers in developing programs and services to support older Brooklynites to age in place as vital members of their communities. Each year, they provide support services to 4,000+ vulnerable homebound older Brooklynites, caregiver support programs for the families and friends who care for them, volunteer and intergenerational programs that educate and engage communities, and the Park Slope Center for Successful Aging as a neighborhood hub for 400+ active older adults. *NYCON Member since 2014.*

Did You Know?

It could be a 90-year-old woman too proud to ask for assistance or a family caregiver at her wits end navigating the Medicaid system, or it could be a call from a meals-on-wheels deliverer who knocks on a door and gets no answer. That's when their Case Managers take on the responsibility of connecting with that homebound elder, staying on the case until they do or send emergency services to render medical assistance. The Brooklynites Heights and Hills serves range in age from 60 to 104, are immigrant and native born, and are as diverse as the communities they live in.

In 2016, we made a difference in the lives of 4,270 older adults.

- **Case Manager Social Workers** made home visits to 1,940 ongoing clients, delivering over 21,000 hours of support services to them. They also provided information, referrals, and short-term services to an additional 1,007 individuals.
- **Caregiver Support Social Workers** served over 800 family caregivers and provided 3,102 hours of respite home care.
- **At Park Slope Center for Successful Aging**, they served 11,000 meals and provided 640 different educational and recreational opportunities to more than 325 older neighbors.
- The **Senior Shuttle** had over 400 registrants for whom 2,263 one-way trips were provided.
- **Community Volunteers** logged over 3,000 friendly visiting hours, and our **Intergenerational Programs** engaged 1,674 youngsters.



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